

“KRIEGISMS”

The following is a collection of sayings, phrases, or general knowledge that one might hear if they were to spend a day in the life of Dr. Fred Jay Krieg!

- Show me a simple solution to a difficult problem and I'll show you a solution that won't work.
- What keeps you from doing what you know you should do?
- A problem well defined is half solved.
- Don't forget the forest and just look at the trees.
- Begin with the end in mind – Covey
- An ounce of prevention is worth a pound of cure.
- I cannot expect anyone to work harder than I do.
- You can no more teach something you do not know than return from a place that you have never been.
- The best way to have a friend is to be a friend.
- Seek to understand before you seek to be understood.
- Kids don't care how much you know, until they know how much you care.
- There is no such thing as a mistake – just opportunities to learn.
- All feelings are okay, all behaviors are not.
- Modeling may not be the best way to teach, it may be the only way to teach. – Albert Switzer
- If you aren't part of the solution, you are part of the problem.
- Be a guide from the side, not a sage from the stage.
- You change because you feel the fire or see the light.
- It is easier to get forgiveness than to ask permission.
- As the Principal, so goes the school.
- We should manage our events, not our time.
- (Yes.. but) Everything before “but” is what they think you want to hear, everything after “but” is what they think.
- A good relationship is not the absence of conflict, but the ability to resolve it.
- Knowledge is knowing how little you know.
- By the yard it's hard, by the inch it's a cinch.
- You never get ahead by putting someone else down.
- (Abilene Paradox) The inability to manage agreement, not conflict.
- People forget what you say. They will forget what you do, but they will never forget how you made them feel.
- We only have three things with us when we die: our name, our memories, and our relationships.
- Proper prior planning prevents piss poor performance.
- The most valuable resource in schools? Time
- The quality of leadership, more than any other single factor, determines the success or failure of an organization.
- All data is good data.
- No great task is accomplished without both the people to do the work and a leader to guide them - Maxwell
- Lack of knowledge breeds victims
- It is not a knowledge gap. It is a "DO" gap.

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- Seek to understand before you seek to be understood
- Unmet needs motivate. You lead people. You manage tasks. You facilitate decisions.
- People who know things are scorned.
- "I don't have the time" is the politically correct response for "I don't want to."
- Jokes are always at someone's expense.
- Once you are perceived as a liar, you will always be considered one.
- KISS: Keep It Simple, Stupid
- The more you self-disclose, the more problems you cause for yourself.
- Fix your principal by principle.
- Grades are not important.
- The best predictor of future behavior is past behavior.
- Teachers are the biggest bullies in schools.
- You have to believe that you are your own best resource.
- No school can be a great school unless it is first a safe school. - Duncan
- So what's that got to do with group?
- "Those are thoughts. Tell me how you feel."
- Bad things happen to good people.
- Find a way for everyone to win.
- Ally with the symptom
- Don't worry that children never listen to you. Worry that they are always watching you. - Fulghum
- Be friendly, but not a friend.
- If you aren't at the table, then you are on the menu.
- Life's not fair.
- Everyone should be a turtle. A turtle only makes progress when it sticks its neck out. It has a tough enough shell to take it when things go bad, and slow and steady it won the race.
- How many psychologists does it take to change a light bulb? One, but the light bulb has to want to change.
- Praise is what you say to yourself after someone compliments you on what you have said or done
- A friend is someone who tells you what you need to hear, not what you want to hear.
- "Why am I afraid to tell you who I am?" Cause it's all I've got, and you may not like it.
- There are no jokes.
- It's a process. Not an event.
- In order for a child to be successful, they must have three significant adults in their lives.
- You change teachers, you will change schools.
- If you're not leading the change, you're part of the resistance. It's just not about doing things differently. It's about doing things smarter!
- The burden of proof is on the investigator. One size does not fit all.
- All problem behaviors serve a purpose
- Better to be early and bad than late and good (regarding reports).